

# Long Park – 11v11 – Game Day Guidelines



## Parent/Spectator Guidelines

1. Stay in car until 5 minutes before kick off to reduce contact with other groups/team
2. Always maintain 10 ft social distancing
3. Stay 10 feet away from fence (at no time should a parent lean on fence)
4. At NO time enter field of play or fenced area
5. Sit in designated areas for each field (Home or Away section) staying 10 feet apart
6. Parents return to car straight after final whistle.
7. Do not wait for child at the player entrance or exit
8. Parents are required per league guidelines to wear face/mask covering from car to designated field area
9. Do not congregate in groups near any entrance or exit at field
10. Spectators are limited to 2 per player

## Player/Coaches Guidelines

1. Players will exit car to field 5 minutes before warm up time given by coach. Always maintain 10 ft social distancing
2. They will enter field at the designated entrance before game and exit at the designated area after the game. Do not congregate in groups near any entrance or exit at field
3. Players are required per league guidelines to wear face/mask covering from car to designated field area.
4. Coaches are required to wear masks at all times
5. NO Tents or Benches for either team

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# Long Park – 9v9 – Game Day Guidelines



## Parent/Spectator Guidelines

1. Stay in car until 5 minutes before kick off to reduce contact with other groups/team
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3. Stay 10 feet away from fence (at no time should a parent lean on fence)
4. At NO time enter field of play or fenced area
5. Sit in designated areas for each field (Home or Away section) staying 10 feet apart
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9. Do not congregate in groups near any entrance or exit at field
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## Player/Coaches Guidelines

1. Players will exit car to field 5 minutes before warm up time given by coach. Always maintain 10 ft social distancing
2. They will enter field at the designated entrance before game and exit at the designated area after the game. Do not congregate in groups near any entrance or exit at field
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