



#WeAreVSA



VSA Player Education Annual Calendar

September - HARDWORK

- September 17th - 21th - Team meetings with Director of College Preparation & Education

October – SELF VALUE

- October 15th - 19th - Team meetings with Director of College Preparation & Education

November – GROUP VALUE

- November 12th – 16th Team meetings with Director of College Preparation & Education

March – LEADERSHIP

- During the month of March, the Director of College Preparation & Education will attend regular sessions and discuss what leadership looks like. Players will be challenged to look at their own leadership and what kind of leaders they follow. We encourage our players, coaches, and parents to dialogue about good/bad leadership over the next month.

April – THE PRIVILEGE OF PRESSURE

- During the month of April, the Director of College Preparation & Education will attend regular sessions and discuss why pressure is a privilege. Players will be asked to look at their own lives and how they handle pressure. As players, coaches, and parents, how do we interpret pressure? Do we crumble, or do we consider it a privilege?

May – REFLECTION

- During the month of May, the Director of College Preparation & Education will be teaching on reflection. Self-reflection is a key ingredient to a successful life, career on the field, and the ability to have a growth mindset. We are going to be asking not only our players to self-reflect, but also all of our members.