



#WeAreVSA



**JR ACADEMY PRE-SEASON PRACTICE SCHEDULE
SPRING 2019 – February 25th – March 1st**

10 Boys

Monday	5:00PM to 6:15PM	Field 6 a
Wednesday	5:00PM to 6:15PM	Field 6 a
Friday	5:30PM to 6:45PM	Howison, Field 1

10 Girls

Monday	5:00PM to 6:15PM	Field 6 b-1
Wednesday	5:00PM to 6:15PM	Field 6 b-1
Friday	5:30PM to 6:45PM	Howison, Field 1

09 Boys

Monday	6:15PM to 7:30PM	Field 6 a
Wednesday	6:15PM to 7:30PM	Field 6 a
Friday	6:45PM to 8:00PM	Howison, Field 1

09 Girls

Monday	6:15PM to 7:30PM	Field 6 b-1
Wednesday	6:15PM to 7:30PM	Field 6 b-1
Friday	6:45PM to 8:00PM	Howison, Field 1

Key Contacts:

Benjy Slator
Kelsey Surkamp

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Director of Player Development for Boys
Director of Player Development for Girls





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PRE-ACADEMY ELITE (NPL/NC SL) PRE-SEASON PRACTICE SCHEDULE SPRING 2019 – February 25th – March 1st

08 Boys	NPL & NC SL
Monday	5:00PM to 6:15PM Field 5 b-2
Tuesday	6:15PM to 7:30PM Field 6 b-2
Wednesday	7:30PM to 8:45PM Field 7 b-2
08 Girls	NPL & NC SL
Monday	5:00PM to 6:15PM Field 5 b-1
Wednesday	7:30PM to 8:45PM Field 7 b-1
Friday	5:30PM to 6:45PM Howison, Field 2b
07 Boys	NPL & NC SL
Monday	6:15PM to 7:30PM Field 5 b-2
Tuesday	7:30PM to 8:45PM Field 6 b-2
Wednesday	6:15PM to 7:30PM Field 7 b-2
07 Girls	NPL & NC SL
Monday	6:15PM to 7:30PM Field 5 b-1
Wednesday	6:15PM to 7:30PM Field 7 b-1
Friday	6:45PM to 8:00PM Howison, Field 2b
06 Boys	NPL
Tuesday	5:00PM to 6:30PM Field 5 a-2
Wednesday	7:30PM to 8:45PM Field 5 a-2
Thursday	6:30PM to 8:00PM Field 5 b
06 Girls	NPL
Monday	5:00PM to 6:30PM Field 5 a-1
Tuesday	5:00PM to 6:30PM Field 5 a-1
Thursday	5:00PM to 6:30PM Field 7 a
05 Boys	NPL
Monday	6:15PM to 7:30PM Field 5 a-1
Tuesday	5:00PM to 6:15PM Field 6 a-2
Wednesday	6:15PM to 7:30PM Field 5 a-1
05 Girls	NPL
Tuesday	5:00PM to 6:15PM Field 7 b-2
Wednesday	5:00PM to 6:15PM Field 7 a-1
Friday	5:30PM to 6:45PM Howison, Field 2a

Key Contacts:

U13-U19 NPL Pre-Academy Director

Dale Parker

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U11-U12 Assistant NPL Pre Academy Director

Alex Herrera

aherrera@vsaonline.org





#WeAreVSA



PRE-ACADEMY SELECT (RED/NAVY) PRE-SEASON PRACTICE SCHEDULE SPRING 2019 – February 25th – March 1st

08 Boys Select Red
 Monday 6:15PM to 7:30PM Field 6 b-2
 Wednesday 7:30PM to 8:45PM Field 7 b-2
 Thursday 6:15PM to 7:30PM Field 5 b-2

08 Girls Select Red
 Monday 5:00PM to 6:15PM Field 5 b-1
 Wednesday 7:30PM to 8:45PM Field 7 b-1
 Friday 5:30PM to 6:45PM Howison, Field 2

07 Boys Select Red
 Monday 6:15PM to 7:30PM Field 5 b-2
 Wednesday 6:15PM to 7:30PM Field 7 b-2
 Thursday 6:15PM to 7:30PM Field 5 b-2

07 Girls Select Red
 Monday 6:15PM to 7:30PM Field 5 b-1
 Wednesday 6:15PM to 7:30PM Field 7 b-1
 Friday 6:45PM to 8:00PM Howison, Field 2

06 Boys Select Red
 Monday 7:30PM to 8:45PM Field 5 a-2
 Wednesday 6:00PM to 7:30PM Field 5 b-1
 Thursday 6:30PM to 7:45PM Field 7 b-2

06 Boys Select Navy
 Monday 7:30PM to 8:45PM Field 6 a-2
 Wednesday 7:30PM to 8:45PM Field 6 a-1
 Thursday 5:00PM to 6:15PM Field 5 b-2

06 Girls Select Red
 Monday 6:15PM to 7:30PM Field 5 a-2
 Tuesday 5:00PM to 6:15PM Field 6 a-2
 Wednesday 5:00PM to 6:15PM Field 7 a-2

06 Girls Select Navy
 Monday 7:30PM to 8:45PM Field 6 a-1
 Tuesday 5:00PM to 6:15PM Field 7 b-1
 Wednesday 7:30PM to 8:45PM Field 6 b-2

05 Boys Select Red
 Monday 7:30PM to 8:45PM Field 5 a-1
 Wednesday 6:15PM to 7:30PM Field 6 b-2
 Thursday 6:30PM to 7:45PM Field 7 b-1

05 Girls Select Red
 Monday 5:00PM to 6:15PM Field 6 b-2
 Wednesday 5:00PM to 6:00PM Field 5 b-2
 Thursday 5:00PM to 6:30PM Field 7 a

Key Contact:

Alex Saunders asaunders@vsaonline.org Select Director





#WeAreVSA



ACADEMY ELITE (NPL) PRE-SEASON PRACTICE SCHEDULE
SPRING 2019 – February 25th – March 1st
04-01/00 Age groups train 2x during Pre-Season Week due to HS Tryouts

04 Boys NPL
Tuesday 5:00PM to 6:15PM Field 6 a-1
Thursday 5:00PM to 6:30PM Field 5 b

04 Girls NPL
Tuesday 7:30PM to 8:45PM Field 6 b-2
Wednesday 7:30PM to 8:45PM Field 7 a-1

03 Boys NPL
Wednesday 5:00PM to 6:15PM Field 7 b-1
Thursday 5:00PM to 6:15PM Field 6 a

03 Girls NPL
Tuesday 5:00PM to 6:30PM Field 7 a-2
Wednesday 5:00PM to 6:15PM Field 5 a-2

02 Boys NPL
Wednesday 5:00PM to 6:00PM Field 5 a-1
Thursday 5:00PM to 6:30PM Field 6 b

02 Girls NPL
Tuesday 6:15PM to 7:30PM Field 6 b-2
Wednesday 6:15PM to 7:45PM Field 7 a-1

01/00 Boys NPL
Tuesday 5:00PM to 6:30PM Field 6 b-2
Wednesday 6:15PM to 7:30PM Field 5 a-2

01/00 Boys NPL II
Tuesday 5:00PM to 6:30PM Field 6 b-2
Wednesday 5:00PM to 6:15PM Field 7 b-2

01/00 Girls NPL
Tuesday 6:15PM to 7:30PM Field 6 a-2
Wednesday 7:30PM to 8:45PM Field 5 a-1

Key Contact:



#WeAreVSA



SELECT US Club Soccer PRE-SEASON PRACTICE SCHEDULE

February 19 – February 25 – March 1st



U-10/11/12 Age groups train 2x during Pre-Season Week due to HS Tryouts

04 Boys Select Red
Monday 7:30PM to 8:45PM Field 6 b-2
Thursday 5:00PM to 6:30PM Field 6 a

04 Girls Select Red
Tuesday 6:15PM to 7:30PM Field 6 a-2
Wednesday 6:15PM to 7:30PM Field 7 a-2

04 Girls Select Navy
Wednesday 6:00PM to 7:30PM Field 5 b-2
Thursday 5:00PM to 6:30PM Field 7 a

03 Boys Select Red
Wednesday 5:00PM to 6:15PM Field 6 b-2
Thursday 5:00PM to 6:30PM Field 7 b-1

03 Girls Select Red
Tuesday 7:30PM to 8:45PM Field 6 a-2
Wednesday 7:45PM to 9:15PM Field 7 a-2

02 Boys Select Red
Wednesday 5:00PM to 6:15PM Field 5 b-1
Thursday 5:00PM to 6:30PM Field 7 b-2

02 Girls Select Red
Tuesday 7:30PM to 8:45PM Field 6 a-1
Wednesday 7:30PM to 8:45PM Field 6 b-1

Key Contact:
Alex Saunders asaunders@vsaonline.org Select Director

